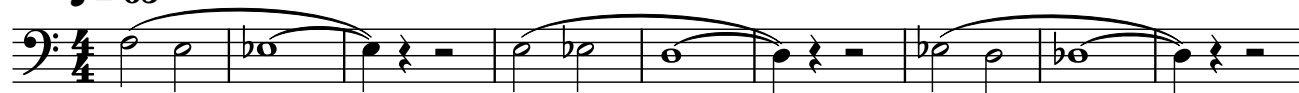


Intermediate Daily Fundamental Routine

Ben Crowder

A Between segments, breathe in fully
through the nose without removing
mouthpiece from face

$\text{♩} = 65$



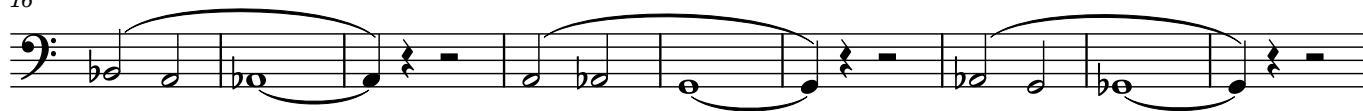
mp Only tongue the first note
of each segment

10



B

16



25



$\text{♩} = 80$

C

31



Do each segment in one breath if possible.
Feel free to pause between segments if necessary.

40

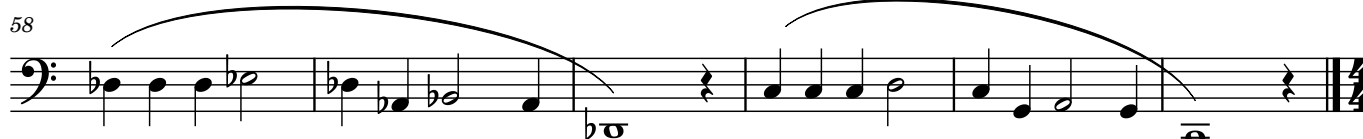


Either use trigger
or lip bend down from 1st partial

49

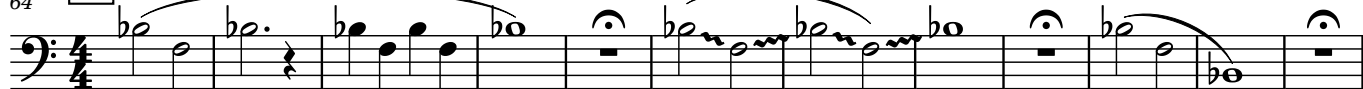


58



D Use a drone for best results

64



buzz on mouthpiece

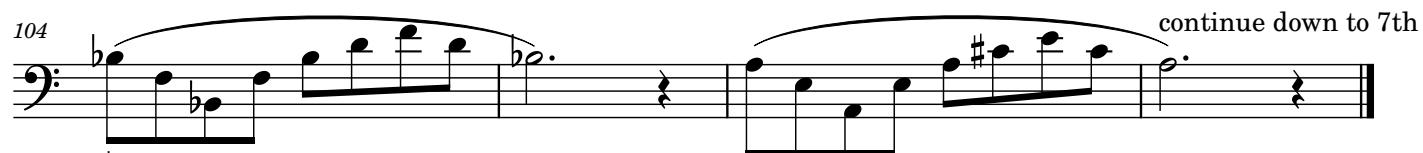
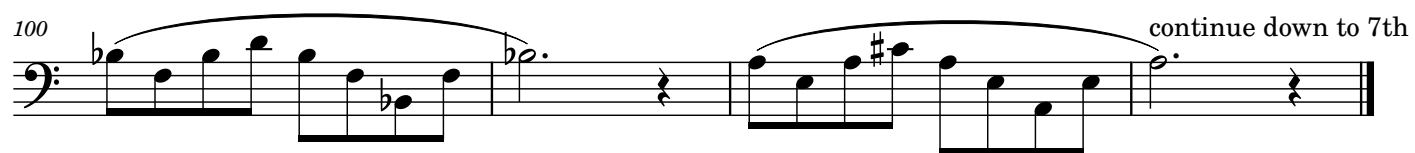
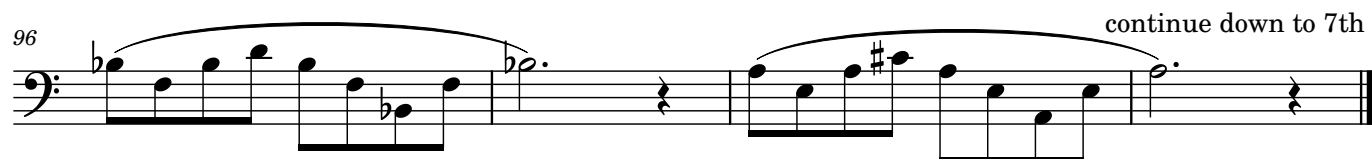
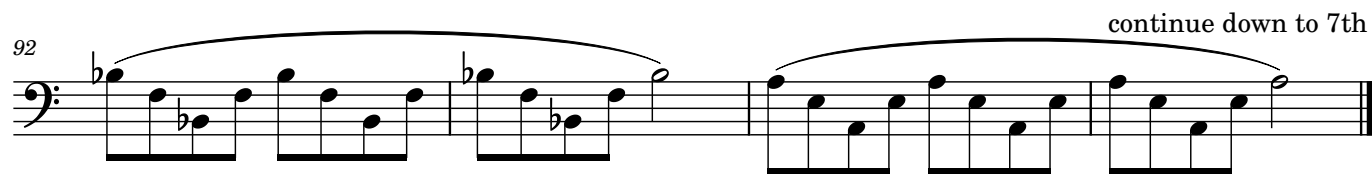
76



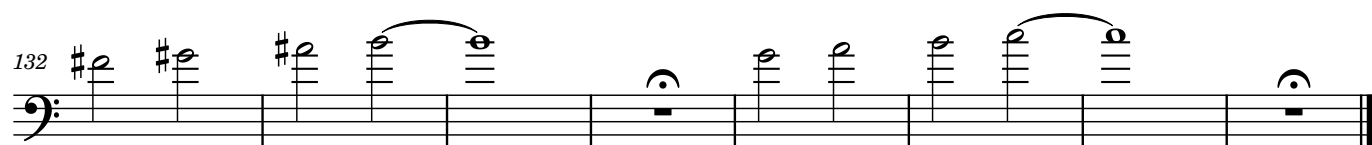
buzz on mouthpiece

Continue down chromatically
to 7th position

2 **E** Lip slurs



Upper Range Extension



rest for at least 5 minutes after this exercise

G Cool Down

